



Marlboro Alliance

MARLBORO ALLIANCE

FOR THE PREVENTION OF SUBSTANCE ABUSE

ALLIANCE MEETINGS: The Marlboro Alliance acts as a catalyst within our community to raise public awareness about substance abuse issues. Alliance membership comprises representatives of the Marlboro community including but not limited to, police, schools, government, residents and treatment agencies. Our meetings are once a month during the school year at the Marlboro Recreation Center at 9:15AM unless otherwise noted. Everyone is welcome. Refreshments served.

**September 14, October 12, November 16, December 14,
January 11, 2018, February 8, March 8, April 12, May 10**

Parent Forums

All parents and caregivers are invited to join us for open forums. Sometimes it's nice to get advice from an expert and sometimes you just need to hear what another parent has done that has worked. The goal of our parent forums is to openly discuss parenting issues by sharing our thoughts, successes, and the challenges of caring for ourselves and our children. By sharing experiences, both positive and negative we can support each other and achieve the desired outcomes we want. Scheduled Programs are listed in this brochure, but please look for updates via email and on our FaceBook page.

CONTACT US!

For information and Program Updates visit the

[Alliance Website](#)

Email: DrugAlliance@marlboro-nj.gov

Phone: 732-617-0186

Visit us on [FaceBook](#)

PARENT WORKSHOPS

All Workshops are free, but please call or email to reserve a place. Workshops are held at the Marlboro Rec Center unless otherwise noted. Refreshments served.

Stress Management for Parents Speaker Dr. Nancy Asher-Schultz

Stress affects not only your personal health it affects your parenting as well. When raising children stress can be hard to avoid but it can be managed. Join us at this interactive workshop where we will discuss and explore strategies relating to:

When we see stress coming- stress triggers

Can we and how do we avoid stress

How to work through it and find relief.

Date: Wednesday, October 24, 2017 at 7:00PM

What Kind of Parent Are You? Doormat or Dictator? Speaker Dr. Judy Kramer

We all know parenting is not always easy. Some parents try to control their children while others give their children free rein. When trying to discipline your child do you find that your child is manipulating? Are you a pushover? When disciplining, do you lose control of your emotions? Do you need to win every battle?

Please join us for an interactive workshop where we will discuss how to avoid battles and get the desired results you want.

Date: Wednesday, November 29, 2017 at 7:00PM

OTHER ALLIANCE PROGRAMS

NARCAN Training: NARCAN saves lives and so can you. Learn how to recognize the signs of an overdose, what to do during an overdose, and how to administer Narcan. We provide the training and necessary materials at no cost to you. Please contact Alliance for date and time.

Teen Night for 6th Grade ONLY: Music Basketball Friends (250 maximum attendees)

Date: Friday-October 20, 2017 Time: 7-9PM Place: Marlboro Recreation Center

Donation: \$3.00 in advance/\$ 5.00 at the door *Refreshments for sale*

Please make checks payable to Marlboro Alliance. Mail your check to Marlboro Alliance, 1979 Township Drive, Marlboro, NJ 07746 or bring your payment to the Marlboro Recreation Building.

H.O.T. Hands Off Tobacco - If you attend one of the Marlboro Middle Schools and would like to be involved with an after school anti-tobacco Middle School Club this is the program for you! Its purpose is to educate peers and Elementary School Students to make healthy lifestyle choices. Please listen for information regarding this program in morning announcements, or call the Alliance Office for information.

National Red Ribbon Week October 23-31 Make a choice to live a drug-free life. Stop by the Recreation Building and pick up your free Red Ribbon.

Holiday Town Lighting and Candlelight Vigil – Wednesday, December 13th. Please join Mayor Hornik, Council members and the community at large at this annual event as we are reminded to have a safe holiday season.

Blood Drive - The Marlboro Township Alliance and the Marlboro Teen Advisory Committee (TAC) will be co-sponsoring a Blood Drive for New Jersey Blood Services. Please check the Township website for the date and time.