

Mon	Tue	Wed	Thu	Fri
	1 NO EARLY BIRD STRENGTH TRAINING 9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 10:30am <i>Senior Advisory Committee</i> 11:30am Gentle Fitness	2 9:00am Breakfast Club 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm Pickle Ball II	3 9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1:00pm Balance & Stretch	4 9:00am AUDIOLOGY SCREENING 9:00am Pickle Ball III 10:00am Intermediate Canasta 11:00am Shopping @ Wegman's/Target 11:30am Yoga II
7 9:00am Yoga I 10:00am Beginner Canasta 10:15am Total Body Workout 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting 1:00pm Pickle Ball I	8 ELECTION DAY OFFICES OPEN NO CLASSES 	9 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm What Is Your Opinion? 1:00pm Pickle Ball II <i>TRIP: Cruzin' on a Saturday Nite Stony Hill, Hackensack, NJ 10am-4pm</i> 	10 9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1:00pm Balance & Stretch	11  OFFICES CLOSED NO CLASSES/NO SHOPPING
14 9:00am Yoga I 10:00am Beginner Canasta 10:15am Total Body Workout 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting 1:00pm Pickle Ball I	15 7:45am Early Bird Strength Training 9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness 1:00pm Alzheimer's Support Group 1:00pm BINGO 	16 9:00am Breakfast Club 9:30am Crochet Class NO SERENITY TAI CHI NO ZUMBA GOLD 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm Pickle Ball II	17 9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1:00pm Book Club Buzz / Balance & Stretch	18 A WONDERFUL THANKSGIVING EVENT 11:30am-2:30pm  NO CLASSES/NO SHOPPING
21 9:00am Yoga I 10:00am Beginner Canasta 10:15am Total Body Workout 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting/Pickle Ball I	22 7:45am Early Bird Strength Training 9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness	23 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm What Is Your Opinion?/Pickle Ball II	 OFFICES CLOSED	25 OFFICES CLOSED NO CLASSES NO SHOPPING
28 9:00am Yoga I 10:00am Beginner Canasta 10:15am Total Body Workout 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting/ Pickle Ball I	29 7:45am Early Bird Strength Training 9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness 1:00pm BINGO 	30 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm Pickle Ball II <i>TRIP: 2016 Christmas Show, Lancaster, PA, 9am-7pm</i> 	A FESTIVE HOLIDAY CELEBRATION Crystal Point Yacht Club, Pt. Pleasant, NJ Friday, Dec. 9th, 9:30am-3:30pm \$46 	SENIOR OFFICE EMAILS: Denise: dbarry@marlboro-nj.gov Linda: ldugan@marlboro-nj.gov Rosemary: rascal@marlboro-nj.gov