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Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>9am Yoga I</p> <p>10am Beginner Canasta</p> <p>10:15am Total Body Workout</p> <p>11am Bocce Ball</p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting</p> <p>1pm Pickle Ball I</p>	<p>4</p> <p>7:40am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>10:30am <i>Senior Advisory Board Meeting</i></p> <p>11:30am Gentle Fitness</p> <p>1pm </p>	<p>5</p> <p>9am Breakfast Club</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11:30am Zumba Class</p> <p>12pm Ping Pong/Pool</p> <p>1pm Create a Masterpiece</p> <p>1pm Pickle Ball II</p>	<p>6</p> <p>7:40am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p>1pm Balance & Stretch Class</p>	<p>7</p> <p>9am Pickle Ball III</p> <p>10am Intermediate Canasta</p> <p>10am LECTURE: CarFit</p> <p>11am Shopping @ Wegman's/Target</p> <p>11:30am Yoga II</p> 
<p>10</p> <p>OFFICES OPEN</p> <p>NO CLASSES</p>  <p><i>Passover begins @ sundown</i></p>	<p>11</p> <p>OFFICES OPEN</p> <p>NO CLASSES</p> <p>1pm LECTURE: How to Act Fast For Stroke</p>	<p>12</p> <p>OFFICES OPEN</p> <p>NO CLASSES</p>  <p><i>TRIP: Those Fabulous 50's, The Royal Manor</i></p> <p><i>10am-4:30pm</i></p>	<p>13</p> <p>OFFICES OPEN</p> <p>NO CLASSES</p>	<p>14 <i>Good Friday</i></p> <p>OFFICES OPEN</p> <p>NO CLASSES/NO SHOPPING</p>
<p>17</p> <p>OFFICES OPEN</p> <p>NO CLASSES</p>	<p>18</p> <p>OFFICES OPEN</p> <p>NO CLASSES</p> <p>12:30pm ALZHEIMER'S SUPPORT GROUP</p>	<p>19</p> <p>9am Breakfast Club</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11:30am Zumba Class</p> <p>12pm Ping Pong/Pool</p> <p>1pm Create a Masterpiece</p> <p>1pm Pickle Ball II</p>	<p>20</p> <p>7:40am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p>1pm Balance & Stretch Class/Book Club Buzz</p>	<p>21</p> <p>9am CHOLESTEROL SCREENING</p> <p>"SWING INTO SPRING WITH ZING" EVENT CANCELLED</p> <p>NO CLASSES/NO SHOPPING</p>
<p>24</p> <p>9am Yoga I</p> <p>10am Beginner Canasta</p> <p>10:15am Total Body Workout</p> <p>11am Bocce Ball</p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting</p> <p>1pm Pickle Ball I</p>	<p>25</p> <p>7:40am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Gentle Fitness</p> 	<p>26</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11:30am Zumba Class</p> <p>12pm Ping Pong/Pool</p> <p>1pm Create a Masterpiece</p> <p>1pm Pickle Ball II</p> <p>1pm What is Your Opinion?</p> <p><i>The Women of Padilla trip cancelled</i></p>	<p>27</p> <p>7:40am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p>1pm Balance & Stretch Class</p>	<p>28</p> <p>9am Pickle Ball III</p> <p>10am Intermediate Canasta</p> <p>11am Shopping @ Walmart/Sam's</p> <p>11:30am Yoga II</p> 