


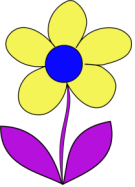



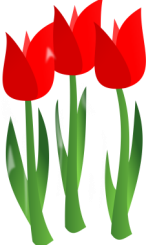






Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>9am Yoga I</p> <p>10am Beginner Canasta</p> <p>10:15am Total Body Workout</p> <p>11:00am Bocce Ball</p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting/Pickle Ball I</p> 	<p>2</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>10:30am <i>Senior Advisory Committee Meeting</i></p> <p>11:30am Gentle Fitness</p> 	<p>3</p> <p>9am Breakfast Club</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>10:15am Serenity Tai Chi</p> <p>11:30am Zumba Gold</p> <p>12pm Ping Pong/Pool</p> <p>1pm Create a Masterpiece</p> <p>1pm Pickle Ball II</p>	<p>4</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p>1pm Balance & Stretch Class</p> <p><i>TRIP: Clever Little Lies, 10am-5:30pm</i></p> 	<p>5</p> <p>9am Pickle Ball III</p> <p>10am Intermediate Canasta</p> <p>11am Shopping @ Wegman's/Target</p> <p>11:30am Yoga II</p> 
<p>8</p> <p>9am Yoga I</p> <p>10am Beginner Canasta</p> <p>10:15am Total Body Workout</p> <p>11:00am Bocce Ball</p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting/Pickle Ball I</p>	<p>9</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Gentle Fitness</p> <p>1pm ALZHEIMER'S SUPPORT GROUP</p> 	<p>10</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11:30am Zumba Gold</p> <p>12pm Ping Pong/Pool</p> <p>1pm Create a Masterpiece</p> <p>1pm Pickle Ball II</p> <p>1pm What Is Your Opinion?</p> 	<p>11</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p>1pm Balance & Stretch Class</p>	<p>12</p> <p>9am AUDIOLOGY SCREENING</p> <p>9am Pickle Ball III</p> <p>10am Intermediate Canasta</p> <p>11am Shopping @ Shoprite</p> <p>11:30am Yoga II</p> <hr/> <p>14</p> 
<p>15</p> <p>9am Yoga I</p> <p>10am Beginner Canasta</p> <p>10:15am Total Body Workout</p> <p>11:00am Bocce Ball</p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting/Pickle Ball I</p> 	<p>16</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Gentle Fitness</p> <p>1pm LECTURE: Developing Resilience in Challenging Times</p>	<p>17</p> <p>9am Breakfast Club</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11:30am Zumba Gold</p> <p>12pm Ping Pong/Pool</p> <p>1pm Create a Masterpiece</p> <p>1pm Pickle Ball II</p>	<p>18</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p>1pm Balance & Stretch Class</p>	<p>19</p> <p>SUMMER BLASTOFF EVENT CANCELLED</p> <p>NO CLASSES/NO SHOPPING</p>
<p>22</p> <p>9am Yoga I</p> <p>10am Beginner Canasta</p> <p>10:15am Total Body Workout</p> <p>11:00am Bocce Ball</p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting/Pickle Ball I</p>	<p>23</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Gentle Fitness</p> 	<p>24</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11:30am Zumba Gold</p> <p>12pm Ping Pong/Pool</p> <p>1pm Create a Masterpiece</p> <p>1pm Pickle Ball II</p> <p>1pm What Is Your Opinion?</p> 	<p>25</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p>1pm Balance & Stretch/BOOK CLUB BUZZ</p>	<p>26</p> <p>9am Pickle Ball III</p> <p>10am Intermediate Canasta</p> <p>11am Shopping @ Wegman's/Target</p> <p>11:30am Yoga II</p> 
<p>29</p>  <p>OFFICES CLOSED/NO CLASSES</p>	<p>30</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Gentle Fitness</p>	<p>31</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11:30am Zumba Gold</p> <p>12pm Ping Pong/Pool</p> <p>1pm Create a Masterpiece</p> <p>1pm Pickle Ball II</p>	<p>Denise: dbarry@marlboro-nj.gov</p> <p>Linda: ldugan@marlboro-nj.gov</p> <p>Rosemary: rpscale@marlboro-nj.gov</p> <p>https://register.communitypass.net/marlboro</p> <p>www.marlboro-nj.gov 732.617.0367</p>	