

Mon	Tue	Wed	Thu	Fri
<p><b>September</b></p>  <p>4</p>  <p><b>OFFICES CLOSED/NO CLASSES</b></p>	<p><b>Sept. 10th, 12pm-5pm</b></p> <p><b>Marlboro Day</b></p>  <p><b>Rain date: Sept 17th</b></p> <p>5</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>10:30am <i>Senior Advisory Committee Meeting</i></p> <p>11:30am Gentle Fitness</p>	<p><u>SENIOR OFFICE EMAILS:</u></p> <p>Denise: <a href="mailto:dbarry@marlboro-nj.gov">dbarry@marlboro-nj.gov</a></p> <p>Linda: <a href="mailto:Ldugan@marlboro-nj.gov">Ldugan@marlboro-nj.gov</a></p> <p>Rosemary: <a href="mailto:rpascale@marlboro-nj.gov">rpascale@marlboro-nj.gov</a></p> <p><a href="https://register.communitypass.net/marlboro">https://register.communitypass.net/marlboro</a></p> <p><a href="http://www.marlboro-nj.gov">www.marlboro-nj.gov</a> 732.617.0367</p> <p>6</p> <p>9am Breakfast Club</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11am Ping Pong/Pool</p> <p>11:30am Zumba Gold</p> <p>1pm Create A Masterpiece</p> <p>1pm Pickle Ball II</p>	 <p>7</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio/ Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p><b>NO BALANCE &amp; STRETCH CLASS</b></p>	<p>1</p> <p>11am Shopping @ Shoprite</p> <p><b>OFFICES OPEN</b></p> <p><b>NO CLASSES</b></p> <p>8</p> <p>9am Pickle Ball III</p> <p>10am Beginner Canasta</p> <p>11am Shopping @ Wegman's/Target</p> <p>11:30am Yoga II</p> 
<p>11</p> <p>9am Yoga I</p> <p>10am Beginner Canasta</p> <p>10:15am Total Body Workout</p> <p>11am Bocce Ball</p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting</p> <p>1pm Pickle Ball I</p> 	<p>12</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Gentle Fitness</p> <p>12:30pm <b>ALZHEIMER'S SUPPORT GROUP</b></p> <p>1pm <b>BINGO</b></p>	<p>13</p> <p>9am What's Your Opinion?</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11am Ping Pong/Pool</p> <p>11:30am Zumba Gold</p> <p>1pm Create A Masterpiece</p> <p>1pm Pickle Ball II</p> <p><b>TRIP: "Come Blow Your Horn"</b></p> <p><i>Hunterdon Hills, NJ 10am-5pm</i></p> 	<p>14</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p>1pm Balance &amp; Stretch Class/<b>BOOK CLUB</b></p>	<p>15</p> <p>9am <b>GLUCOSE SCREENING</b></p> <p>9am Pickle Ball III</p> <p>10am Beginner Canasta</p> <p>11am Shopping @ Shoprite</p> <p>11:30am Yoga II</p> <p>1pm <b>REMARKABLE PEOPLE:</b></p> <p><b>Pt Barnum</b></p>
<p>18</p> <p>9am Yoga I</p> <p>10am Beginner Canasta</p> <p>10:15am Total Body Workout</p> <p>11am Bocce Ball</p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting</p> <p>1pm Pickle Ball I</p>	<p>19</p> <p>7:50am Early Bird Strength Training</p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Gentle Fitness</p> <p>1pm <b>LECTURE:</b></p> <p><i>Senior Stress Management</i></p>	<p>20</p> <p>9am Breakfast Club</p> <p>9:30am Crochet Class</p> <p><b>NO SERENITY TAI CHI</b></p> <p>11am Ping Pong/Pool</p> <p><b>NO ZUMBA GOLD</b></p> <p>1pm Create A Masterpiece</p> <p>1pm Pickle Ball II</p>	<p>21</p> <p><b>OFFICES OPEN</b></p> <p><b>NO CLASSES</b></p>	<p>22</p> <p><b>OFFICES OPEN</b></p> <p><b>NO CLASSES</b></p> <p><b>NO SHOPPING</b></p> <p><i>First day of Fall</i></p> 
<p>25</p> <p><b>NO YOGA I</b></p> <p>10am Beginner Canasta</p> <p><b>NO TOTAL BODY WORKOUT</b></p> <p>11am <b>Bocce Ball</b></p> <p>11:30am Cardio Wellness</p> <p>12:30pm Mahjong</p> <p>1pm Knitting</p> <p>1pm Pickle Ball I</p> 	<p>26</p> <p><b>ELECTION DAY</b></p> <p><b>OFFICES OPEN</b></p> <p><b>NO CLASSES</b></p>	<p>27</p> <p>9am What's Your Opinion?</p> <p>9:30am Crochet Class</p> <p>10:15am Serenity Tai Chi</p> <p>11am Ping Pong/Pool</p> <p>11:30am Zumba Gold</p> <p>1pm Create A Masterpiece</p> <p>1pm Pickle Ball II</p> 	<p>28</p> <p><b>NO EARLY BIRD STRENGTH TRAINING</b></p> <p>9am Strength Training</p> <p>Adv Strength Training</p> <p>10:15am Intermediate Cardio</p> <p>Adv Cardio</p> <p>11:30am Ballroom Dancing</p> <p>12pm Dabbling in the Arts @ MSC</p> <p>12:30pm Play Bridge</p> <p><b>NO BALANCE &amp; STRETCH CLASS</b></p>	<p>29</p> <p><b>OFFICES OPEN</b></p> <p><b>NO CLASSES</b></p> <p><b>NO SHOPPING</b></p> <p><i>Yom Kippur begins @ sundown</i></p>