












Mon	Tue	Wed	Thu	Fri
	<p>SENIOR OFFICE EMAILS: Denise: dbarry@marlboro-nj.gov Linda: ldugan@marlboro-nj.gov Rosemary: rpascale@marlboro-nj.gov</p> <p>https://register.communitypass.net/marlboro www.marlboro-nj.gov 732.617.0367</p>	<p>1 9am Breakfast Club 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12pm Ping Pong/Pool 1pm Create a Masterpiece 1pm Pickle Ball II</p> 	<p>2 7:50am Early Bird Strength Training 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1pm Balance & Stretch Class</p>	<p>3 9am Pickle Ball III 10am Intermediate Canasta 11am Shopping @ Wegman's/Target 11:30am Yoga II</p> 
<p>6 9am Yoga I 10am Beginner Canasta NO TOTAL BODY WORKOUT 11:30am Cardio Wellness 12:30pm Mahjong 1pm Knitting 1pm Pickle Ball I</p> 	<p>7 NO EARLY BIRD STRENGTH TRAINING 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 10:30am <i>Senior Advisory Board Meeting</i> 11:30am Gentle Fitness</p>	<p>8 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12pm Ping Pong/Pool 1pm Create a Masterpiece 1pm Pickle Ball II 1pm What is Your Opinion?</p>	<p>9 7:50am Early Bird Strength Training 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1pm Balance & Stretch Class</p>	<p>10 9am GLUCOSE SCREENING 9am Pickle Ball III 10am Intermediate Canasta 11am Shopping @ Shoprite 11:30am Yoga II</p> 
<p>13 9am Yoga I 10am Beginner Canasta 10:15am Total Body Workout 11:30am Cardio Wellness 12:30pm Mahjong 1pm Knitting 1pm Pickle Ball I</p>	<p>14 7:50am Early Bird Strength Training 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness 1pm ALZHEIMER'S SUPPORT GROUP 1pm BINGO</p>	<p>15 9am Breakfast Club 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12pm Ping Pong/Pool 1pm Create a Masterpiece 1pm Pickle Ball II</p> 	<p>16 7:50am Early Bird Strength Training 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1pm Balance & Stretch/BOOK CLUB BUZZ</p>	<p>17 9am Pickle Ball III 10am Intermediate Canasta NO SHOPPING 11:30am Yoga II</p> <p><i>TRIP: My Wild Irish Rose Crowne Plaza, Saddle Brook NJ 10am-4:30pm</i></p> 
<p>20 9am Yoga I 10am Beginner Canasta 10:15am Total Body Workout 11:30am Cardio Wellness 12:30pm Mahjong 1pm Knitting 1pm Pickle Ball I</p> <p><i>First day of Spring!</i></p> 	<p>21 7:50am Early Bird Strength Training 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness</p>	<p>22 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12pm Ping Pong/Pool 1pm Create a Masterpiece 1pm Pickle Ball II 1pm What is Your Opinion?</p>	<p>23 7:50am Early Bird Strength Training 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1pm Balance & Stretch</p>	<p>24 9am Pickle Ball III 10am Intermediate Canasta 11am Shopping @ Walmart/Sam's 11:30am Yoga II</p> 
<p>27 9am Yoga I 10am Beginner Canasta 10:15am Total Body Workout 11:30am Cardio Wellness 12:30pm Mahjong 1pm Knitting 1pm Pickle Ball I</p>	<p>28 7:50am Early Bird Strength Training 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness 1pm BINGO</p>	<p>29 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12pm Ping Pong/Pool 1pm Create a Masterpiece 1pm Pickle Ball II</p> <p><i>TRIP: Born Yesterday, Hunterdon Hills Playhouse 10am-4:45pm</i></p> 	<p>30 7:50am Early Bird Strength Training 9am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1pm Balance /Stretch</p>	<p>31 TIN PAN ALLEY-THE BRILL BUILDING 11:30am-2pm</p>  <p>NO CLASSES/NO SHOPPING</p>